



☐ **The Text: Jonah 2** (Page 1437 in the sanctuary Bible)

### Chapter 1 (review)

<sup>2</sup> "Go to the great city of Nineveh and preach against it, because its wickedness has come up before me." <sup>3</sup> But Jonah ran away from the LORD and headed for Tarshish.



<sup>4</sup> Then the LORD sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up.

<sup>10</sup> (They knew he was running away from the LORD, because he had already told them so.)

<sup>17</sup> But the LORD provided a great fish to swallow Jonah...

How do we view this story?

**Matthew 12:40** (Jesus)  
"For as Jonah was three days and three nights in the belly of a huge fish..."

"There are very few atheists \_\_\_\_\_."

We would prefer to characterize people who are "running for God" (like Jonah) as \_\_\_\_\_.

But Jonah...

1.

**2 Kings 14:25** ...In accordance with the word of the LORD, the God of Israel, spoken through his servant Jonah son of Amittai, the prophet from Gath Hopher.

2.

▷ Nevertheless, Jonah's attitude/behavior was \_\_\_\_\_.

**James 4:6** God opposes the proud but gives grace to the humble.

**Proverbs 3:34** He mocks proud mockers but gives grace to the humble.

### Chapter 2

● **2:1** From inside the fish Jonah prayed to the LORD his God. <sup>2</sup> He said: "In my distress I called to the LORD, and he answered me. From the depths of the grave I called for help, and you listened to my cry. <sup>3</sup> You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. <sup>4</sup> I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' <sup>5</sup> The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. <sup>6</sup> To the roots of the mountains I sank down; the earth beneath barred me in forever. But you brought my life up from the pit, O LORD my God.



Running Away	Running Toward
_____ ~ <i>unsustainable independence</i>	_____ ~ <i>reality-based dependence</i>

The Bible tells us the truth about us.

**Isaiah 64:6** ...All our righteous acts are like filthy rags...

**Romans 3:23** For all have sinned and fall short of the glory of God, <sup>24</sup>and are justified freely by his grace through the redemption that came by Christ Jesus.

**John 15:5** Remain in me, and I will remain in you. No branch can bear fruit by itself; it must

"Because of sin we are all drawn to autonomy. We are all oriented to independence rather than dependence upon God. Because of this, we will be tempted to use our strengths (whether they are talents, abilities or even spiritual gifts) in our own power rather than reliance upon Christ. ...It is in our strengths where we trust our own personal savvy, rather than the calling of God."

Jamin Goggin & Kyle Strobel, *The Way of the Dragon or the Way of the Lamb*, p. 33, 2017.

● **2:7** "When my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple. <sup>8</sup>Those who cling to worthless idols forfeit the grace that could be theirs. <sup>9</sup>But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the LORD." <sup>10</sup>And the LORD commanded the fish, and it vomited Jonah onto dry land.

▷ **Some Questions For Self Evaluation:**

A sinner's prayer  
 Lord, I am a sinner who has offended you. Please forgive me. I believe that Jesus Christ died on the cross for my sins and place my trust in Christ's sacrifice as the only way to be right with you. Thank you for loving me and coming into my heart. I want to follow You and do Your will in my life. In Jesus' name, amen.

**TAP**

Read the designated Scripture. Reflect on it and write out short responses.

**T - key Truths** = Summary thoughts, principles to live by, observations to remember.

**A - practical Application** = How should I respond? What practical action can I take?

**P - my Prayer response** = My expression to God from what I am reading/thinking.

Mon- <b>Jonah 1-2</b> , Tues- <b>Psalm 119:45-160</b> , Wed- <b>Luke 5:12-15 &amp; Mark 1:32-35</b> , Thur- <b>John 15:1-17</b> , Fri- <b>Jonah 3</b>	
<b>key truths</b>	
<b>practical application</b>	
<b>my Prayer response</b>	